



**Middlewich & District foodbank**

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Dear Parents

We are very excited to be partnering with Brereton CofE(A) Primary School in your Harvest Collection again this year.

Last year the families of Brereton collected a whopping 254,24kg of food for the Foodbank. That's enough food for 605 meals!

There are people in your community who, today, don't have enough food to eat. There are many reasons why this can happen, including changes in the benefits system, illness, redundancy, domestic violence and hosts of other issues.

The foodbank endeavours to fill that gap and we provide a 3 day parcel of emergency food. The parcel is made up of non-perishable items and we try and provide some toiletries and treats as well. The parcels are as nutritionally balanced as possible.

All clients who come to the foodbank have been referred to us by frontline care professionals such as family support workers, the job centre, the CAB, Cheshire East social workers and GP's. While at the foodbank, we offer them a hot drink and something to eat while their parcel is being packed. During this time, we try and signpost them to any local services which may help to alleviate the stress of their circumstances.

Any food you donate will be gratefully received and will go to help someone in your community who is in need.

You can access the foodbank website to see the full list of foods we normally collect, however at the moment, we are experiencing shortages of the following items, so anything off this list would be extremely useful.

SQUASH  
CUP A SOUP  
TINNED/ INSTANT POTATOES  
FRUIT JUICE (CARTON LONG LIFE)  
TINNED SPONGE PUDDINGS  
TINNED SOUP  
PASTA SAUCES  
TINNED FISH  
SAVOURY RICE

RICE PUDDINGS  
TINNED / CARTON CUSTARD  
SUGAR  
CRACKERS  
KETCHUP  
BISCUITS  
TINNED SNACKS eg. Spaghetti hoops  
TINNED MEAT  
TOILETRIES

Thank you in advance for your generosity.

Debi Williams  
Middlewich & District Foodbank Manager

