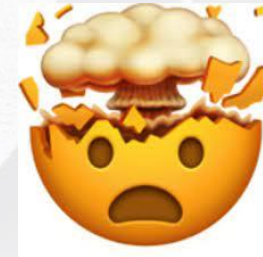


# Online Safety for Parents

Parenting can be a mine field  
at the best of times

HOWEVER Online Safety



KEEP  
CALM  
YOU'VE  
GOT  
THIS

# Age Restrictions for Social Media Platforms

What is the minimum age for account holders on these social media sites and apps?

## Under 13

-  Roblox
-  PopJam
-  FaceTime

## 13+

- |  |  |
|--|--|
|  Twitter                |  TikTok          |
|  Facebook and Messenger |  Skype           |
|  Viber                  |  Google Hangouts |
|  WeChat                 |  Reddit          |
|  Monkey                 |  Snapchat        |
|  Yubo                  |  Pinterest     |
|  Dubsmash             |  |
|  Instagram            |  |

## 16+

-  WhatsApp
-  Telegram Messenger
-  Tumblr

## 17+

-  Line
-  Sarahah
-  Tellonym



Discord

Voice and text chat app

Used by many online gamers

Increasingly popular with young people

Linked to grooming incidents



Discord - Talk, Chat, Hang Out 12+

Friends, Communities & Gaming

Discord, Inc.

#4 in Social Networking

★★★★★ 4.8 • 1.5M Ratings

Free - Offers In-App Purchases

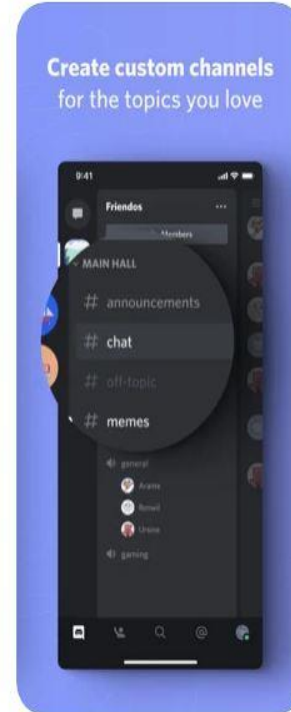
Screenshots [iPhone](#) [iPad](#)



Your place to talk with friends and communities



Stay connected with video, voice, and text



Create custom channels for the topics you love



# FORTNITE



350 million players worldwide

Extremely addictive

Users can buy upgrades and skins with cash

Child sex offenders will move conversation to unmoderated encrypted messaging platforms

It is not uncommon for there to be a larger age disparity between gamers



**Omegle** 17+  
Text and Video Chat  
**Hans Stuffer**  
#8 in Social Networking  
★★★★☆ 3.9, 11 Ratings  
Free · Offers In-App Purchases



## Match

By 1-on-1 Video Chat



## Chat

With new friends



No sign up verification required

Becoming popular again with Primary School age group

Talk to strangers

Un-trackable

No user history

Can access via laptop

Lots of adult content

Currently no app, web page access only



Talk to strangers!

You're now chatting with a random stranger. Say hi!  
Official messages from Omegle will not be sent with the label 'Stranger:'. Strangers claiming to represent Omegle are lying.



Really?

Send





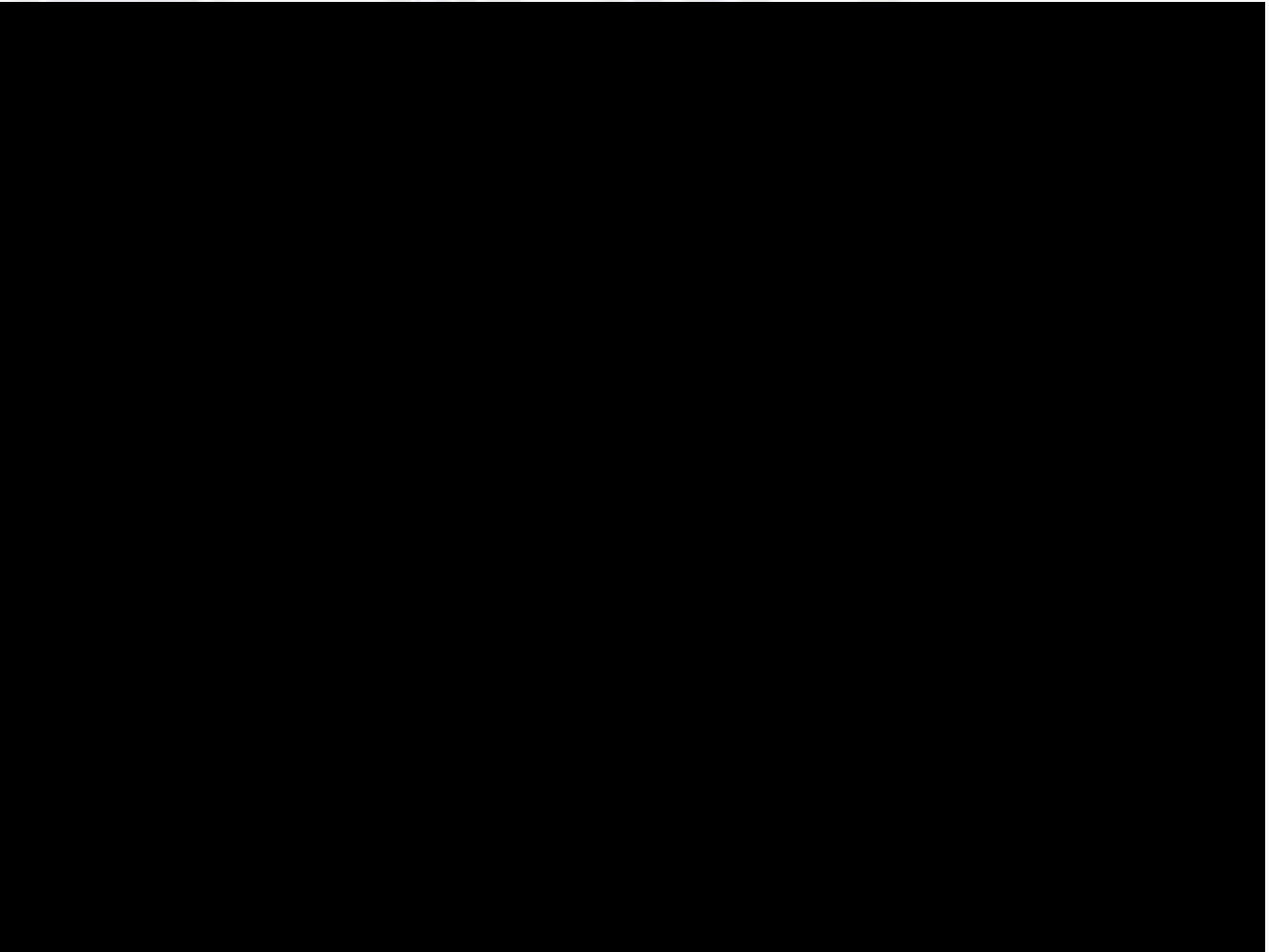




musical.ly

Another iPhone trick I guarantee you didn't know about! 🤫 (pt.28)

Secret messages 🤫

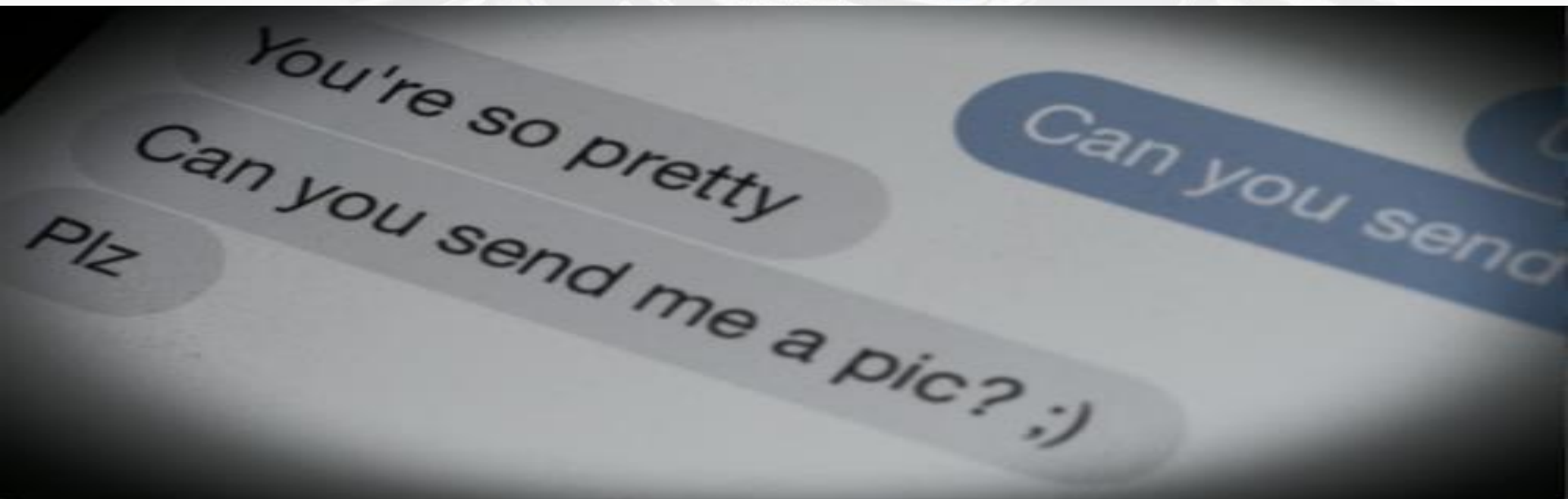


# It is illegal



Taking, possessing and sending a naked selfie of a child is;

**The making, possession and distribution of indecent images of children, even if it is of themselves.**





# Sign of Grooming

**Have they suddenly become very secretive?** People who abuse will try to stop young people telling their friends and family about the abusive relationship.

**Are they sad or withdrawn but won't say why?** If something is going on with a child online it might be really upsetting them. They might feel trapped, like they can't talk about it.

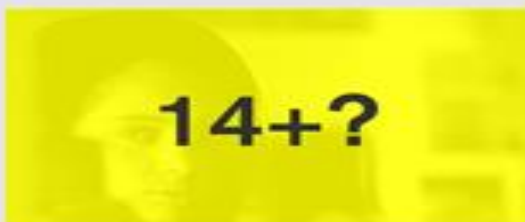
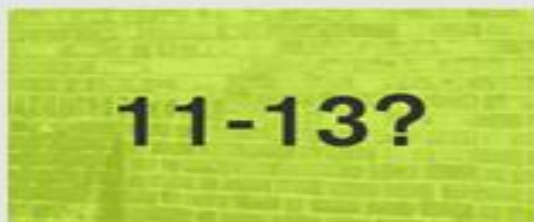
**Do they seem distracted?** We can all get caught up in ourselves if things are worrying us. If a child is unusually preoccupied it might be because things are weighing on them which they feel they can't talk about.



# Welcome to CEOP's Thinkuknow

Come in to find the latest information on the sites you like to visit, mobiles and new technology. Find out what's good, what's not and what you can do about it. If you look after young people there's an area for you too – with resources you can use in the classroom or at home. Most importantly, there's also a place which anyone can use to [report](#) if they feel uncomfortable or worried about someone they are chatting to online. All the information here is brought to you by the team at the [NCA's CEOP Command](#). We hope you like it!

Are you...



Ever posted something you regret? Find out how to get help when things go too far. You choose what happens in this interactive film!

[Watch First to a Million now!](#)



#### thinkuknow friends:

CEOP  
Virtual Global Helpline

#### Other thinkuknow sites:

5-7s  
8-10s  
11-13s  
14+  
Parents  
Teachers & Trainers  
[www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

#### Site info:

Contact us  
Terms and conditions  
Credits  
Accessibility  
Cookies Policy

#### Connect and share:



# Mobile phones, social media and children



Social media and phones were not designed for them.

A young person's underdeveloped frontal cortex can't manage the distraction nor the temptations that come with social media and phone use.

While we can teach the responsible use of technology now, we will not be able to teach the maturity that social media and mobile phones require.

They will use social media inappropriately until they are older and it fits them better.





**It starts with the parents, if their children see them on devices all the time, children will copy.**





**Steve Jobs didn't let his children use an iPad**

**Delay giving your child a mobile phone as long as possible, no earlier than 13 years or older.**





# In closing...



Under-developed brains do really under-developed things.

When adults give kids powerful apps and devices, adolescent brains make, and will continue to make, poor choices.

Parents need to be get involved in their children's tech.



# How can we help you?

Search



Report



Tell us about



Apply or  
register



Request



Feedback



## What's happening in your area?

Get the latest crime statistics and advice, help us with appeals for information and find out what we're doing to tackle crime in your area.

# Protect all you devices with a Strong password?

## Password Algorithm / Formula

First letter of website or  
account

+

Three random words  
made stronger  
E.g. \$n0wCo1dh4t

+

Last letter of website or  
account

+

Number of characters in  
website or account

Using the above formula, the passwords for some accounts would look like this:

**Facebook:** F\$n0wCo1dh4tk8

**Twitter:** T\$n0wCo1dh4tr7

**Gmail:** G\$n0wCo1dh4tl5



# SECRET TEXTING CODES YOUR KIDS COULD BE USING

**LMIRL** - Let's Meet In Real Life

**Broken** - Hung Over

**CU46** - See you for sex

**DOC** - Drug Of Choice

**NIFOC** - Naked in front of computer

**GNOC** - Get Naked On Cam

**GYPO** - Get Your Pants Off

**IWSN** - I Want Sex Now

**53X** - Sex

**LH6** - Let's have sex

**TDTM** - Talk Dirty To Me

**8** - Oral sex

**SUGARPIC** - Suggestive or erotic photograph

**IPN** - I'm posting naked

**PAL** - Parents Are Listening

**PAW or PRW** - Parents Are Watching

**PIR** - Parents In Room

**POS** - Parents Over Shoulder

**9 and CD9 or "Code 9"** - parents are nearby

**99** - Parents are gone

**KPC** - Keeping Parents Clueless

**MOS** - Mom Over Shoulder

**P911** - Parent Alert or Parent Emergency

**WTTP** - Want to trade pictures?

**KOTL** - Kiss on the lips

**PRON** - Porn

**420** - Marijuana

**ZERG** - To gang up on someone

**AF** - As F\*\*k

**WTF** - What The F\*\*

**WUF** - Where You From

**WYCM** - Will You Call Me?

**WYRN** - What's Your Real Name?

**Q2C** - Quick To Cum

**RU/18** - Are You Over 18?

**RUMORF** - Are You Male OR Female?

**RUH** - Are You Horny?

**S2R** - Send To Receive

**MPFB** - My Personal F\*\*\* Buddy

**NALOPKT** - Not A Lot Of People Know That

**MOOS** - Member Of The Opposite Sex

**MOSS** - Member(s) Of The Same Sex

**MorF** - Male or Female

**C-P** - Sleepy

**F2F** - Face-to-Face, a.k.a. FaceTime

**HAK** - Hugs And Kisses

**ILU** - I Love You

**IWSN** - I Want Sex Now

**J/O** - Jerking Off

**KOTL** - Kiss On The Lips

**KFY -or- K4Y** - Kiss For You

**459** - I love you

**ADR** - Address

**AEAP** - As Early As Possible

**ALAP** - As Late As Possible

**ASL** - Age/Sex/Location

**143** - I love you

**182** - I hate you

**1174** - Nude club

**1337 or L337** - Leet, a coded alphabet

**KMS** - Kill Myself

**KYS** - Kill Yourself



Refers to a Butt



Refers to Penis



Refers to Masturbation



Refers to Intercourse





# Emoji Slang

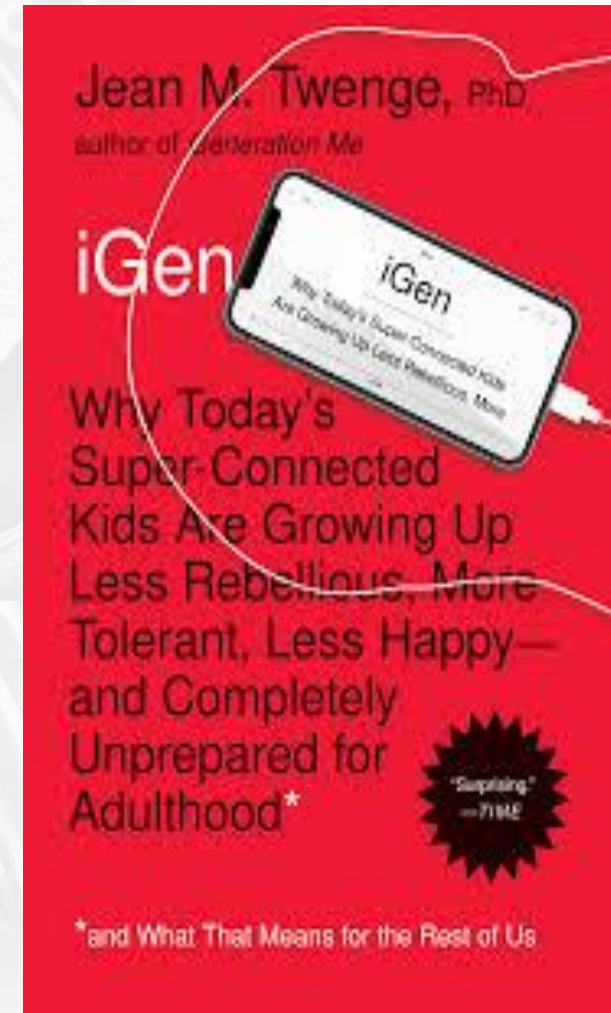
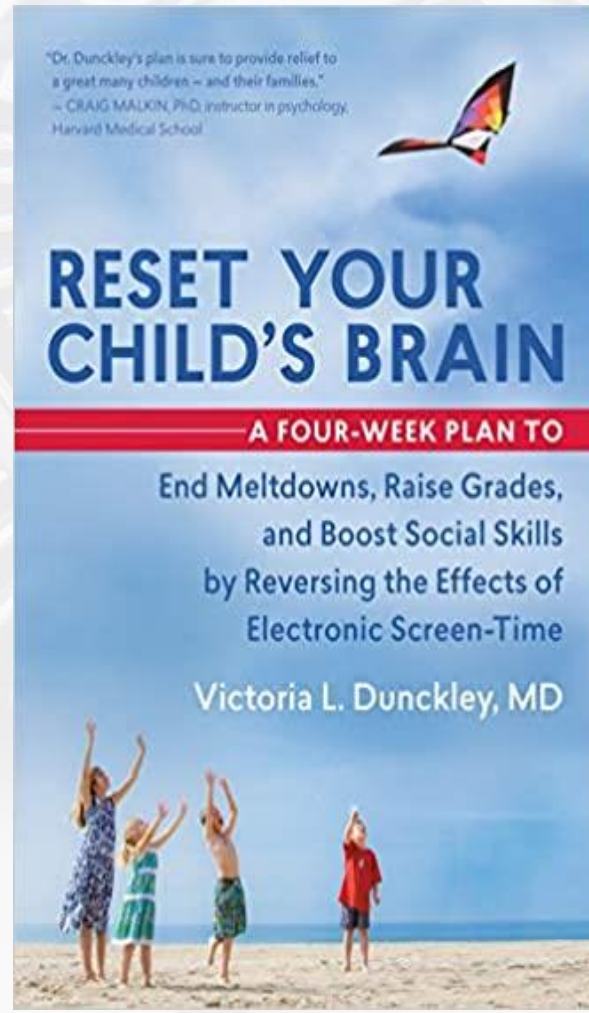
## A Guide for Parents



You probably know some of the **slang terms** your child uses while texting, but you may be completely baffled by all the emoji slang they use to chat with friends. But don't worry – we've unpacked some of the most common emojis teens and tweens use so you can know what they're actually saying. Warning: some of these can be a little 🌶️ (Explained below).

	Penis		Indicates "spiciness," i.e., inappropriate or risqué content
	Butt		Denotes a sarcastic, mean-spirited tone
	Vagina		Marijuana/weed
	Indicates being "ghosted" (dumped with no explanation)		Desiring someone sexually (often used in response to nudes)
	Shy, nervous (usually in the context of flirting)		Breasts/testicles/virginity
	Can indicate support for white supremacy in certain contexts		Used when sending or receiving nudes
	Ejaculation		A stamp of approval; "I agree"
	May indicate sexual activity, specifically oral sex		Used to refer to sexual activity
	Feeling frisky or naughty		A response that means, "It is what it is"

# Further reading





A National  
Crime Agency  
command



# Are you worried about online sexual abuse or the way someone has been communicating with you online?

Make a report to one of CEOP's Child Protection Advisors

## Should I make a report to CEOP? →

If you're worried about online abuse or  
the way someone has been  
communicating online, let CEOP know.



## What happens when I make a report? →

One of our experienced Child Protection  
Advisors will be there to make sure you  
get the help that you need.



## How can CEOP help me? →

Online abuse affects many children and  
young people every day, CEOP has  
helped thousands of people in need of  
support.



[Make a report](#) 

If you have been a victim of sexual online abuse or you're worried this is  
happening to someone you know, let us know safely and securely



# Snapchat Support

Discover tips and tricks, find answers to common questions, and get help!

What can we help you with?



- ? Contact Us >
- 👤 Using Snapchat >
- 👤 My Account & Security >
- 🚩 Safety >
- 🔒 Privacy >
- 🔧 Troubleshooting >

📌 What's New

## Snap Map Location Sharing

1/11/2018

If you and a friend have both added one another on Snapchat, you can choose to share your locations with each other on Snap Map 📍

**Your location on Snap Map only updates when you have Snapchat open** — so you don't have to worry about your location being updated in the background or anything 🚫

### Location Sharing Options Include:

- **Only Me (Ghost Mode):** Your location won't be visible to anyone else on the Map! You can turn Ghost Mode on and off, or set a timer if you only want to be on the down low for a little while.
- **Select Friends...:** Choose specific friends to share your location with! Friends you select aren't notified when you choose them. If a friend isn't appearing in this list, it could be because they haven't added you as a friend on Snapchat.
- **My Friends:** Your location will be shared with all of your friends — including friends you add in the future! This option doesn't include people who've added you as a friend, but who you haven't added back. If you choose this option, we'll check in from time to time to make sure you still want to share your location with all of your friends.

**To edit your location settings**, just tap the ⚙️ button in the top-right corner of the Map screen! You can change who can see your location, or you can hide your location altogether by going into Ghost Mode 🚫

When you turn on Ghost Mode, you can also set a timer: