



Friday 10th January 2025

Fortnightly Bulletin



Please remember to follow us on Facebook and X for more news and pictures, and also the weekly blogs for each year group which can be found on our website.



We hope you have all had a restful winter break and are looking forward to the new year ahead. The children have settled back well and have been enjoying the snow.



Worship—Love God and Love One Another

Worship this week focused on Epiphany. The children learnt that although in their nativity plays the wise men or Magi visited Jesus as a baby, in the Bible they actually visited later. We think that Jesus was around 2 years old before they found him. This was a long and difficult journey for the Magi. For Christians the greatest treasure of all is a lifelong relationship with Jesus. Just like the Magi we must try hard and keep committing to that relationship.

What will you commit to this year?

Class Church Visits

Year 6 —Thursday 16th January,

Year 5 —Thursday 23rd January,

Year 3 and 4—Thursday 30th January,

Reception, years 1 and 2 —Thursday 13th February.



Love God, love learning, love one another.

Matthew 20: 36-40



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Achievements outside of school:



Just before we broke up for Christmas Harrison, year 2, was awarded his yellow belt and Chloe, also year 2, won a medal for competing in the Aerial hoop and hammock show with a brilliant routine.



10 Top Tips for Parents and Educators SUPPORTING CHILDREN TO RETURN TO ROUTINE

Most of us look forward to the school holidays as an opportunity to slow down and relax, stay up later, sleep in and generally approach life in a more leisurely fashion. However, this does mean that returning to normal school-day routines can feel like an uphill battle. Here are some practical tips to ease that transition, reduce stress and set children up for success.

- 1 START SMALL AND EARLY**
Begin reintroducing elements of the school routine a week before term starts. Gradually adjust bedtime, wake up times and mealtimes to be made in the week school-day rhythms. Small changes can make a big difference in preventing over-tiredness, irritability and helping children to readjust smoothly.
- 2 REVISIT THE SCHEDULE**
Involve your child in mapping out their daily routine so they understand about a going to change. Visual tools like charts or calendars can help bring to that schedule feel more engaging. When children understand and anticipate their personal commitments, they feel more secure and in control.
- 3 CREATE A SLEEP PLAN**
Sleep can present one of the biggest challenges as children can sometimes become night owls, prone to staying up late during the holidays. Limit screen time before bed and encourage winding down activities like reading or listening to calming music. A regular night's sleep improves focus, mood and overall wellbeing, making mornings much smoother.
- 4 ENCOURAGE FRIENDSHIPS**
Help your child to reconnect with school friends by organising playdates, catch-ups or arranging to go to other school clubs. Re-establishing social bonds can make the return to school more exciting and help rekindling, allowing youngsters to focus on the positive aspects of the new term.
- 5 GRANT RESPONSIBILITY**
Give children control over some aspects of the morning routine. Maybe they could be in charge of washing everyone up, getting breakfast or choosing the radio station that everyone listens to while getting ready. Something that gives them a sense of ownership over their morning schedule can help them ease the back to school they've chosen to do, rather than being told to do it.
- 6 FOCUS ON NUTRITION**
Make sure children are receiving balanced meals (with regular healthy snacks to boost energy and concentration), putting them to bed earlier and ensuring a good breakfast. A nutritious breakfast is particularly crucial for a positive start to the day. Involve children in meal planning to make it enjoyable and collaborative.
- 7 COMMUNICATE OPENLY**
Talk with your child about how they're feeling about returning to school. Whether they're excited, nervous or a mix of both, listening to their emotions helps them feel supported and understood. By talking them through things they're looking forward to at school, such as seeing their friends again, focusing on the positives can be useful for children struggling with change.
- 8 RECONNECT WITH LEARNING**
Take children back into a learning mindset by incorporating fun, educational activities into their routine. Reading is a fantastic tool, playing games that involve maths or discussing an interesting topic can gently reawaken their focus and prime their minds to learn, which can have a positive impact on their academic performance.
- 9 PREP TOGETHER**
Team preparation into a shared activity to shoulder the responsibility together and provide support where needed. Make school bags, lay out uniforms and plan lunch the night before. This not only reduces early morning stress but also gives children a sense of ownership over being ready for school.
- 10 BE PATIENT AND FLEXIBLE**
Transitions take time, and every child adjusts differently. It is important to stay calm and supportive, especially if they're reacting adversely to the change in their daily life. Be ready to lower routines as needed, and work with the child to make the return to education easier wherever they can. Remember that it's being able to bring a positive tone to the new school year.

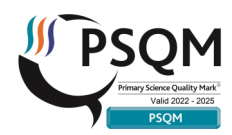
Meet Our Expert
Becky Dawson is an education expert with a focus on mental health and wellbeing. She works with employers about empowering adults who spend time with and care for young people. Becky specialises in creating practical strategies that promote wellbeing and resilience in children during the holidays.

#WakeUpWednesday The National College



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NHS Pharmacy First Service – an NHS service being provided by pharmacies across England for children and adults

Think Pharmacy First

Most pharmacies in England are now providing the NHS Pharmacy First service which allows pharmacists to provide advice and where appropriate, supply NHS medicines for the following conditions:

- ✦ Earache (aged 1 to 17 years)
- ✦ Impetigo (aged 1 year and over)
- ✦ Infected insect bites (aged 1 year and over)
- ✦ Shingles (aged 18 years and over)
- ✦ Sinusitis (aged 12 years and over)
- ✦ Sore throats (aged 5 years and over)
- ✦ Urinary tract infections (UTIs) in women (aged 16 to 64 years)

If you have symptoms that suggest you may have one of these conditions, you can walk into a pharmacy and be offered a consultation with a pharmacist in a private consultation room. Your GP surgery may also refer you to the service if you contact them but they believe it is appropriate for you to be seen by a pharmacist.

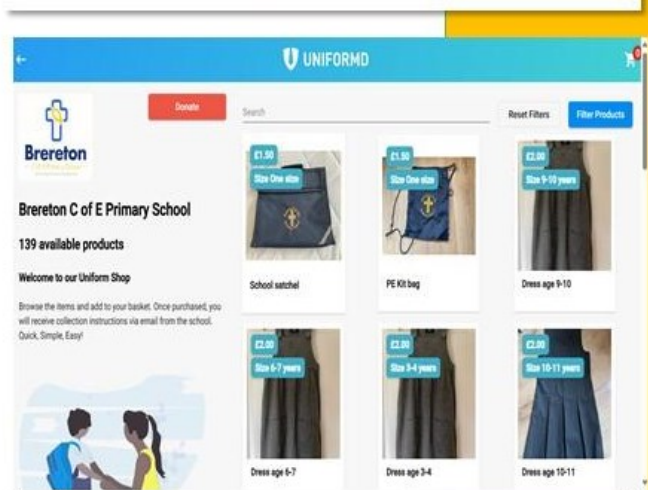
If you have symptoms that suggest you have one of the above conditions, why not give the Pharmacy First service a try?

For more information, visit nhs.uk/thinkpharmacyfirst



PTA – Uniform shop

Thank you to everyone who has donated items of school wear to our uniform shop, please find the link to the shop on our website. Currently is a good amount of really good quality, and in some cases brand new, uniform at very reasonable prices. Please find the link to the uniform shop on our school website.



BRERETON
Parent & Teacher Association



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Clubs:

| Club and Staff Member | Day | Year Groups | Cost | Pick up Point and time |
|---|-----------|--------------|------|------------------------|
| KS1 Dance Mrs Warren | Monday | KS1 | | 4.15pm Front Office |
| Writing Group Mrs Mitton | Monday | Years 4/5/6 | | 4.15pm Front Office |
| KS2 Netball Mrs Warren | Tuesday | KS2 | | 4:15pm Front Office |
| Junior Task-master Miss Moran | Wednesday | Years 3/4 | | 4.15pm Front Office |
| Reception Mini-Sports | Wednesday | Reception | | 4.30pm Front Office |
| KS1 More than Sports | Wednesday | Year 1 and 2 | | 4.30pm Front Office |
| KS2 Hockey Thrive | Wednesday | KS2 | | 4:15pm Front Office |
| KS1 Craft Club Mrs Forrest-er/ Mrs Linsen-ers | Thursday | Year 1 and 2 | | 4.15 Front Office |
| Forest School Mr Simmons | Friday | Y3-6 | £20 | 4.30pm Front Office |

Dates for upcoming events:

Tuesday 14th January 2025—Fire and Rescue in with Year 5

Tuesday 21st January—School nurses in for Reception screening

Tuesday 4th February - Year 1 Detective dress up day

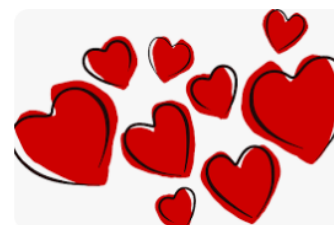
Thursday 6th February—Learning Exhibition 9am-10.30am

Friday 7th February—Whole school non-uniform for the Valentine's Day gift shop. Please donate one small gift to treat a loved one or special friend such as stationery, confectionery, small toys...please no alcohol.

Tuesday 11th February—Safer Internet Day

Thursday 13th February—Year 6 parents/Carers Information meeting for Pensarn, 3.30pm

Friday 14th February—Last day in school and Valentines Disco, time TBC.



Monday 24th February—Pupils back to school.



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Brereton Primary School Attendance Policy on a Page



Brereton Attendance Goals
We attend school **REGULARLY**
We attend school **PUNCTUALLY**
We attend school **READY** to learn

School Attendance Target is:

96%

4 SCHOOL DAYS OFF EACH YEAR

7 SCHOOL DAYS OFF EACH YEAR

9 SCHOOL DAYS OFF EACH YEAR

11 SCHOOL DAYS OFF EACH YEAR

20 SCHOOL DAYS OFF EACH YEAR

30 SCHOOL DAYS OFF EACH YEAR

100%

98%

96%

95%

94%

90%

85%

PERFECTION

IMPRESSIVE

GOOD

NEARLY THERE

NEEDS TO IMPROVE

CONCERNS

SERIOUS CONCERNS



Ready



Respectful



Safe

Brereton Primary School Morning Routine

Pupils are expected to be in school by 8.50am.

Registers are taken at 8.55am. Pupils will receive a late mark 'L' in the register if they are not in school by 8:55am.

Children arriving after 8:50am are required to sign in via the school office providing a reason for their lateness. This is then monitored by the attendance lead and parent's will be contacted by phone / letter if a pattern starts to form.

The registers will be closed at 9.30am. Any pupils arriving after that time will be marked as 'U - late after the registers have closed' in the register for that session. This is classed as an unauthorised absence

At Brereton, we know that it is vital that our school attend school regularly and punctually to achieve the best outcomes. We want children to become the best version of themselves: academically, socially and morally as they grow into the next generation of our community. Good school attendance is the foundation to this.

School staff will follow up absent pupils with phone calls and home visits if absence is not reported by parents or school have a concern.

Absence from school MAY be authorised for:

- Unavoidable medical appointments (with evidence)
- Days of religious observance
- Exceptional family circumstances (with evidence)
- Illness - although please do not keep children absent with minor ailments.

Absence from school WILL NOT be authorised for:

- Having to stay at home due to an unwell parent or carer or sibling.
- Day trips
- Birthdays
- Holidays
- Rest days after a poor nights sleep

If attendance falls below 92% you may be invited into school for a school attendance meeting, which may also be attended by members of the LA attendance team.

At this meeting we will look at things that are working well for your child, things that need to improve and to put a plan in place to help their attendance to improve, involving other supporting agencies if necessary, e/g, Health, Home Start, Early Help, SEND services etc...

REPORT IT FIRST and EVERY DAY

If your child is going to be absent from school, please report this ASAP via the school office

Love God, Love Learning, Love One Another (Mathew 22:34-40)

#youvebeenmised

Our attendance
this week is

95.73%

Cheshire East monitor attendance and punctuality at our school and look at the actions we take to help improve it. To keep you informed, teachers will provide you with a record of your child's attendance at your parent's consultation. Mrs Field will be contacting families with persistent absence after half term to look at how we can support you.



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