

# Brereton CE Primary School

Friday 8th March 2019



Dear parents,

What a fabulous week we have had! Y1 and Y3 both enjoyed fantastic trips out which will help to support their learning. World Book Day was a tremendous success and it was lovely to welcome parents and grand parents into school. Our Fairtrade Breakfast was also very well attended and it was a lovely way to start the school day. I would like to thank parents for their support with these events. I would also like to thank the staff for organising such fantastic opportunities for our children.

## Easter Egg Raffle



Our Rose Queen, Millie, and her attendants will be holding an Easter egg raffle on Thursday 28th March. All proceeds will go to Cancer Research. Any donations of chocolate eggs or bunnies would be most gratefully received. Tickets will be available at morning break from 18th March.

## Fairtrade

This week our Ethos Council led our worship and helped us to appreciate the importance of Fairtrade. As part of our reflection time we discussed what steps we can take to support Fairtrade.

As part of Fairtrade Fortnight Mrs Pulle organised a Fairtrade breakfast. An amazing £126.50 was raised so thank you!



## Library Van

This week the library van visited which allowed the children to refresh classroom reading corners. The staff on board commented on how brilliant our children were. They were courteous, eager and patient. We were very proud to receive such comments.

## Red Noses

We have now sold out of our red noses and have raised a fantastic £250 for comic relief.



## Maths Evening

School will be hosting a Maths evening for parents on Tuesday 30th April. Each class will share how they teach calculation and how you can support at home. Each class workshop will be run twice between 4pm and 5pm so parents can attend more than one session. Presentations and supporting booklets will be shared with all parents. Further information will be sent out shortly.

## Hockey

This week our hockey team won the HCCDP tournament! All of the children demonstrated excellent skill and sportsmanship. Thank you to Mr McAulay and Mr Capewell for organising and to Mrs Harrison for her coaching expertise!



## Dates

Y2 SATs evening - 14th March 6pm

Red Nose Day - 15th March

Y3 Class Assembly - 15th March

Parent Consultations - WB 18th March

Y1 Class Assembly - 22nd March

Y2 residential - 25th/26th March

Easter Egg Raffle - 28th March

PTA Mother's Day Present Room—29th March

Easter Service - 29th March 2pm

Y6 residential - 1st-5th April

Reception Trip - 1st April

Y4 residential meeting - 1st April 5pm

Easter Holidays - 8th-22nd April

Maths workshop for parents - Tues 30th April



Love God, love learning, love one another.

Matthew 22: 36-40



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## E-Safety

Don't forget our website has a section dedicated to E-Safety. Here you will find information from a range of recommended agencies, including parent guides for most well known apps and games. Please check back regularly.

Our NSPCC parent workshop on the 11th March will also provide parents with useful tips and advice. We hope to see you there!

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

Instagram is a hugely popular social networking app with over 1 billion snappy happy users worldwide. The app, which is accessible on iOS and Android devices, allows users to upload images and videos to their feed, like an online gallery. Images and videos can be transformed with an array of filters to edit the shot before sharing. Anyone with an account can see others' online galleries! If their account is not private, to make posts easier to find, users can include searchable hashtags and captions to their uploads. The app has additional features like an 'Explore Page', which contains videos and images tailored to each user based on accounts and hashtags they follow.

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Last date: 06/03/19

**AGE RESTRICTION 13+**

**What parents need to know about INSTAGRAM**

**HOOKED ON SCROLLING**  
Instagram is one of the most popular social media platforms, and it's easy to see why. The app is designed to be addictive, with a scrollable feed that encourages users to spend more time on the app. Many social media platforms, including Instagram, use algorithms to show users content that is most likely to engage them. This can lead to a cycle of scrolling, liking, and commenting, which can be addictive. Children and adults may find themselves spending more time on the app than they intended, and this can impact their sleep, schoolwork, and other activities.

**DAMAGE TO CONFIDENCE, BODY IMAGE & MENTAL HEALTH**  
A recent report by the NSPCC highlighted the impact of Instagram on children's mental health. The app can be a source of comparison, leading to feelings of inadequacy and low self-esteem. Children may feel pressure to present a perfect image, which can lead to body image issues and mental health problems. It's important to encourage children to use the app responsibly and to seek support if they experience any negative effects.

**EXPOSING LOCATION**  
Public locations can be added to a user's photos, videos and stories. This means that anyone who views the content can see the location. This can be a risk, particularly if the location is a school or other sensitive area. Parents should ensure that their children's accounts are private and that they are not sharing their location with strangers.

**SLIDING INTO DM'S**  
Direct messages (DMs) on Instagram allow users to share photos, videos, voice messages and text. However, it's important to be cautious when interacting with strangers. Children should never share personal information, such as their name, address, or phone number, with anyone they don't know. Parents should encourage their children to be wary of anyone who approaches them on the app.

**LIVE STREAMING TO STRANGERS**  
Live streaming on Instagram allows users to connect with friends and family in real-time. However, it's important to be cautious when live streaming to strangers. Children should never share personal information, such as their name, address, or phone number, with anyone they don't know. Parents should encourage their children to be wary of anyone who approaches them on the app.

**INFLUENCER CULTURE**  
Instagram has become a platform for influencers, who are people who have a large following on the app. These influencers can have a significant impact on children's self-image and mental health. Parents should encourage their children to be critical of the content they see on the app and to avoid comparing themselves to others.

**IGTV**  
Instagram TV (IGTV) is a feature that allows users to upload longer videos to their profiles. This can be a risk, particularly if the content is inappropriate or harmful. Parents should ensure that their children's accounts are private and that they are not sharing their location with strangers.

**HUACKED HASHTAGS**  
Like Twitter, hashtags are also an extremely prominent tool on Instagram. However, they can be used to spread misinformation and hate speech. Parents should encourage their children to be cautious when using hashtags and to avoid interacting with anyone who is spreading negative messages.

**TOP TIPS FOR PARENTS**

**RESTRICT DIRECT MESSAGES**  
If your child receives a message from somebody they do not know, encourage them to report the message and block the person. This is the only way to stop them receiving any more messages from that person.

**LOOK OUT FOR #ADS**  
In January 2018, the UK's Competition and Markets Authority launched an investigation into companies who were posting adverts on social media and not declaring that they were paid for. Encourage your child to be aware of the signs of a paid post and to discuss with their parents if they see one.

**REMOVE PAYMENT METHODS**  
If you have helped your child to create an account, you should remove any payment methods from their account. This will help prevent unauthorised purchases. This can be done in the payment settings tab.

**USE A PRIVATE ACCOUNT**  
If you have helped your child to create an account, you should ensure that their account is private. This will ensure that only people you approve will see your posts and videos.

**TURN OFF SHARING**  
Even though this feature will not stop people from taking screenshots, it will stop others being able to directly share photos and videos from a story as a message to another user. This feature can be turned off in the settings menu.

**DON'T FORGET TO BE VIGILANT & TALK TO YOUR CHILD ABOUT THEIR ONLINE ACTIVITIES!**

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) | [Twitter @nationalonlinesafety](https://twitter.com/nationalonlinesafety) | [Facebook /NationalOnlineSafety](https://www.facebook.com/NationalOnlineSafety)

## Y2 SATs Meeting

There will be an information evening for parents on Thursday 14th March at 6pm in the Y2 classroom. Copies of the presentation will be made available for those who are unable to attend.

## Parent Consultations

The parent consultation booking system is now live in the Parent area on the website. Appointments are available on a first come first served basis.

## NSPCC Fundraising

Thank you for your generous sponsorship for our 'Big Buddy Workout'. We will announce the final total during worship on Monday morning.

**If you're worried about a child or young person, call 0808 800 5000**

## Advice Line Children & Young People

Cheshire and Wirral Child & Adolescent Mental Health Service (CAMHS)

**NHS**  
Cheshire and Wirral Partnership  
NHS Foundation Trust



Are you a young person who is struggling with their mental health?



Are you worried about your child's mental health? Talk to us



Are you an adult working with a young person and concerned about their mental health?



Contact our advice line for advice, support and resources.

You can also contact our advice line if you would like to consider a self-referral.

5pm - 10pm  
12pm - 8pm  
Mon to Fri  
Weekends

01244 397644

Helping people to be the best they can be



## York Residential

There will be a meeting for parents on Monday 1st April at 5pm. Copies of the presentation will be made available for those who are unable to attend. If you have any questions about the trip please speak to Mrs McLean.

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Matthew 22: 36-40







## Brereton Preschool Bingo

Come along and support Brereton Preschool on their family bingo night on Thursday 28th March at 18:00



## Uniform

Some parents have asked if their child is able to wear shorts. Shorts are allowed but we ask that parents be mindful of the forecast and children are dressed appropriately for the weather.



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