

Brereton C of E (A) Primary School



Personal, Social and Health Education (PSHE) and Citizenship Policy

Philosophy

Personal, social and health education (PSHE) and citizenship enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. As a Christian School we encourage our pupils to adopt a Christian approach in their lives. In so doing we help develop their sense of self worth. We teach them how society is organised and governed. We ensure that they experience the process of democracy in school through the school council. We teach them about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural society.

Aims

The aims of personal, social and health education and citizenship are to enable the children to:

- know and understand what constitutes a healthy lifestyle;
- be aware of safety issues;
- understand what makes for good relationships with others;
- have respect for others;
- be independent and responsible members of the school community;
- be positive and active members of a democratic society;
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- develop good relationships with other members of the school and the wider community.

Practice

We use a range of teaching and learning styles.

We place an emphasis on active learning by including the children in discussions, investigations and problem-solving activities.

We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly or open evening, or involvement in an activity to help other individuals or groups less fortunate than themselves.

We organise classes in such a way that pupils are able to participate in discussion to resolve conflicts or set agreed classroom rules of behaviour.

We offer children the opportunity to hear visiting speakers, such as health workers, police, parents and representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive local community.

We follow the SEAL Primary National Strategy and use these resources as the basis for our PSHE scheme of work.

We teach PSHE and citizenship in a variety of ways. In some instances, e.g. drugs education, we teach PSHE and citizenship as a discrete subject.

Some of the time we introduce PSHE and citizenship through other subjects, e.g. when teaching about local environmental issues in geography, we offer pupils the opportunity to explore who

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is responsible for the maintenance and upkeep of local parks and cycle paths. As there is a large overlap between the programme of study for religious education and the aims of PSHE and citizenship, we teach a considerable amount of the PSHE and citizenship through our religious education lessons.

We also develop PSHE and citizenship through activities and whole-school events, e.g. the school council representatives from each class meet regularly to discuss school matters.

We offer a residential visit to Pensarn in Key Stage 2, where there is a particular focus on developing pupils' self esteem and giving them opportunities to develop leadership and co-operative skills.

We teach PSHE and citizenship in reception classes as an integral part of the topic work covered where appropriate during the year.

As the reception class is part of the Foundation Stage of the National Curriculum, we relate the PSHE and citizenship aspects of the children's work to the objectives set out in the Early Learning Goals (ELGs) where applicable.

Our teaching in PSHE and citizenship matches the aim of developing a child's personal, emotional and social development as set out in the ELGs.

We also support citizenship education in reception classes when we teach 'how to develop a child's knowledge and understanding of the world'.

This policy should be read in conjunction with the following relevant policies: Teaching and Learning/Assessment/Equal Opportunities/Inclusion

This policy was ratified by the Curriculum Committee, after due consultation with staff at its meeting on 26th February 2010

This policy will be reviewed in Spring Term 2013.