## Children & Families The Autism Team





Hi my name is Janet Threader and I am the family liaison officer with the Cheshire East Autism Team. I work part time and I cover the whole of Cheshire East and have been in post since September 2012. Before joining the team my role was working in the Skills for learning Department at Sir John Deane's sixth form college in Northwich coordinating the support of students with Autism and those experiencing mental health issues.

I have included in this section my one minute guide explaining the referral procedure and my role but as there are alot of parents requiring advice and guidance I have teamed up with the Carers Trust and I attend their monthly coffee mornings in Crewe, Macclesfield and Congleton; again details can be found in this family section of the website. I have also attended Parent

## Partnership events, cygnet courses and various support groups.

Whilst speaking to families they have shared their frustration at the lack of information and advice specifically for them; they perceive the vast majority to be aimed at schools. I hope this section on the CEAT website will be both informative and helpful. I have tried to include things that parents I have worked with have found useful including tip sheets, strategies that may help, local support groups and events, reading/website ideas, product leaflets and general information. Of course these are just suggestions as each child/young adult is unique and individual and I am not endorsing any particular product, support group, organisation or diet suggestion but I see part of my role is to pass on information that other families have informed me that they have found helpful.

Regards,

**Janet**